



CREMONA COMMUNITY ENGAGEMENT SITE

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Website: www.cremonaces.com

January 2020

GROWING TOGETHER, LEARNING FOREVER
"A Campus Alberta Central Learning Site"

TECH Q&A

Lawson Harvey will be on hand to answer any tech questions you may have. Bring your device or use one of our Chromebooks. Bring your list of questions on any tech topic you need help with!



DATE: Wednesday, January 8th
TIME: 6:00pm - 8:00pm
COST: \$35
Deadline to register: December 30th, 2019

SOLAR ENERGY 101

This session will discuss and answer your questions about grid-tied and off grid solar. We will talk about how advances in this technology are driving down costs and when solar makes financial sense. We will also touch on the electrification trend in transportation and how to future-proof your energy plan. Presented by Tony Stolz, of SWC Solar. Tony Stolz is a certified management consultant specializing in alternative energy. SWC Solar's mission is to drive down the cost of solar in Alberta by working with consumers and industry on innovative solutions.

DATE: Wednesday, January 15th, 2020
TIME: 6:00pm-8:00pm
COST: FREE

Deadline to register: January 8th, 2020



ADULT SPANISH CLASSES

¡Hola! Join Gabby Fletcher for this 6 week Spanish for adults course. Learn some daily life Spanish vocabulary and phrases that can be used conversationally. Perfect for those travelling to a Spanish country and want to dip their toes in the language.

DATES: Mondays February 3rd to March 16th, no class February 17th

TIME: 6:00 – 8:00 pm **COST:** \$100

Deadline to register: January 27th, 2020

ESPAÑOL

KIDS LUNCHTIME SPANISH

Learn to speak Spanish during the school lunch hour. For both new students and students who have taken lunchtime Spanish previously. Payment due at registration - we accept e-transfers.

DATES: ALL LEVELS Mondays February 3rd to March 16th, no class February 17th

TIME: 12:00pm – 12:40pm

COST: \$35

Deadline to register: January 27th, 2020



SOCIAL MEDIA BASICS

Join Tessa Lerbekmo-Joyes to learn all about social media and how to use it. Topics covered will include Dangers vs. Safety and Business vs. Personal. **Brought to you by the Cremona/Water Valley & District Chamber of Commerce.**



DATES: January 16th, February 11th and March 24th

TIME: 7-9pm

COST: FREE

Deadline to register: January 9th, 2020



Join us at Cremona's first Death Café for
Coffee, Cake and Conversation

What is a Death Café?

A Death Café is a safe and relaxed space to gather with people, often strangers, to discuss topics related to death and dying. The objective is to engage in interesting, thought provoking and life-affirming conversations. It is not a counselling or bereavement session, rather an opportunity to "increase awareness of death with a view of helping people make the most of their (finite) lives".

**Tuesday,
January 14th, 2020
7-9pm**

**At the Cremona
Community
Engagement Site**

**This is a FREE event
and no registration is
required.**

**"Talking about death
won't kill you"**

AMERICAN SIGN LANGUAGE

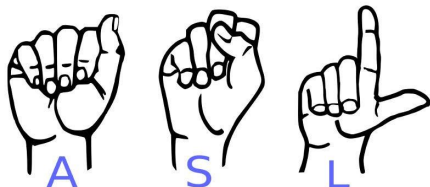
Learn to speak ASL with Tessa Lerbekmo-Joyes. This beginner course will include topics such as finger spelling, vocabulary, facial expressions and the history of ASL. The course is 14 weeks in length. Payment due at registration - we accept e-transfers.

DATES: January 20th, 28th, February 4th, 25th, March 3rd, 10th, April 7th, 21st, 28th, May 5th, 12th, 19th, 26th, June 2nd

TIME: 7-9pm

COST: \$200

Deadline to register: January 13th, 2020



SUICIDE PREVENTION BASICS

Join Tessa Lerbekmo-Joyes and learn all about suicide, how it happens and how to help yourself or someone else.

DATES: January 30th and

February 27th

TIME: 7-9pm

COST: \$40

Deadline to register:

January 23rd, 2020



**Suicide Awareness
and Prevention**

MENTAL HEALTH BASICS

Join Tessa Lerbekmo-Joyes to discuss issues surrounding mental health. Topics covered will include being around people with mental health issues as well as self-care with your own mental health.



DATES: February 6th, 13th and
March 12th

TIME: 7-9pm

COST: \$60

Deadline to register: January 30th,
2020

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EDUCATION IN YOUR OWN
COMMUNITY!**

campusalbertacentral.com



OLDS COLLEGE

Campus
Alberta
Central

RDC

Rivers
Edge
2020

GYM PLAY DAYS

For ages 0-6



Fun For Everyone!

Inflatables Games Dodgeballs

When: Jan. 27

Feb. 17 - LEGO Family Day Camp

Mar. 30

Apr. 27

May 25

Time: 9:30-12:00

Where: Rivers Edge Camp - Activity Centre

Cost: FREE*

riversedgecamp.org

403-637-2766

*LEGO Family Day Camp Pricing online



Who we are:

Rivers Edge Camp & Retreat Center is a summer camp and year-round guest group facility. We have been actively serving churches, schools, and local communities since our beginnings in 1998.

Snacks:

Feel free to bring a snack for your little ones. Please make sure:

- All snacks remain in the snack area
- All food items are NUT FREE
- All liquids are in leak proof water bottles.



You Are Invited To CONNECT



Sometimes wonder and worry about your child's behaviour?
Sometimes feel like you just don't know what to do?
Ever worry about your relationship with your child?

Come out and learn about CONNECT
An Attachment-Based Perspective on Parenting Children and Teens

When: Tuesday evenings from January 14th 2020 – Tuesday February 25th 2020 (no class on Feb 18th)

Time: 5pm – 7pm

Where: Cremona School - Library

Goals: To think about behaviour from a different perspective
To develop awareness of relationship issues and patterns
To learn new skills and consider new options in parenting

Dinner & Childcare Provided

If you are interested in registering, please do so with:
Mrs. Alexander, Mrs. Harvey, or the office staff @ Cremona School 403 637 3856
It will not run without having the required minimum number of participants

BUSINESS DIRECTORY

Business Card Ads

Here is the opportunity to have your business or organization seen by the community.
Only \$25 per month or \$250/10 months
Newsletter runs from January to June & September to December
Call 403-337-4277 or
email: coordinator@cremonaces.com



Greg Harris

Councillor - Division 2

Cell: **403-586-6267**
Email: gharris@mvcountry.com

1408 - Twp Rd 320, Postal Bag 100
Didsbury, AB T0M 0W0

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**GRAVEL/SAND
LANDSCAPING**

**SNOW REMOVAL
SKIDSTEER WORK**

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C: 403.809.4830
O: 403.637.0014
F: 403.637.0094
E: INFO@BIGFERNCONTRACTING.COM



Photography and Print Services

Audry van Aken & Rob Stratton
403-803-9018

mountainviewphotographic@gmail.com
www.mountainviewphotographicservices.com

PUBLIC SKATE

Public Skating :

Sundays, January 5,
12 & 26

11:15am-12:15pm

Friday, January 31st

1:15pm-2:15pm



Sticks and Pucks:

Friday, January 31st

2:15pm- 3:15pm

**Ice Rentals
Available**

Contact

cremonaice@gmail.com
or Call 403-554-3170

*helmets mandatory

Wolf Willow Women's Group

"Tales For Tots"

(Handmade Book Bag & Books)

Provided FREE for local children

to receive only once

Appropriate age prepared for is an

18 month old child

Now Available At Cremona Library,

Water Valley Library &

The Health Unit

Baby Clinic



HOURS/Location

Monday 9am-12pm 12:30pm-3pm

Tuesday 12pm-6pm

Wednesday 10am-1pm 1:30pm-5pm

Thursday 1pm-4pm 4:30pm-7pm

Friday 10am-1pm 1:30pm-5pm



CREMONA

Municipal Library

205 – 1st Street East, Cremona
403-637-3100

cremonalibrary@prl.ab.ca

[Parkland Library Search](#)

NEWS – January 2020

*Looking for a place to visit with
friends and meet new people? Stop by
the Library
Tuesdays from 12:30-3pm.
Stay for a visit and enjoy
a cup of joe!*



**Did you notice the changes to
our hours?**

**We will now be open from
12-6pm on Tuesdays
and 1-4pm & 4:30-7pm on
Thursdays! All other hours
remain the same**

**DID YOU KNOW THE LIBRARY NOW
SELLS LOCALLY PRODUCED
WILDCAT COFFEE?
ONLY \$11 A BAG
MAKES A GREAT
CHRISTMAS GIFT!**



Get yours now!
A portion of the
proceeds
support the
Cremona
Library!

CHECK OUT OUR LIBRARY PROGRAMS!

Story Hour: Mondays from 10-11am

Book Club: Every 2nd Monday of the month
1-3pm

Knitting Club: Fridays 1:30-3:30pm

Lego Club: Wednesdays 3-4pm Ages 5 and up

Craft Club*: Thursdays 3-4pm Ages 10 and up

*registration required, maximum 10 children

Coffee and Chat Time: Tuesdays 12:30-3pm

Game Time: Tuesdays 3-4pm

@ the library

