



CREMONA COMMUNITY ENGAGEMENT SITE

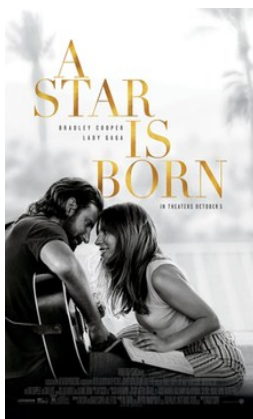
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Website: www.cremonaces.com

April 2019

GROWING TOGETHER, LEARNING FOREVER
"A Campus Alberta Central Learning Site"

AFTERNOON AT THE MOVIES – A Star Is Born

Seasoned musician Jackson Maine discovers -- and falls in love with -- struggling artist Ally. She has just about given up on her dream to make it big as a singer until Jackson coaxes her into the spotlight. But even as Ally's career takes off, the personal side of their relationship is breaking down, as Jackson fights an ongoing battle with his own internal demons. Starring Bradley Cooper and Lady Gaga.



DATE: Tuesday, April 16th, 2019

TIME: 1-3 pm

COST: \$5

Deadline to register: April 9th, 2019

CREDIT AND DEBT

Participants will learn about the facts around credit reports, credit ratings, and credit scores alongside strategies on how to protect and repair their credit. In addition they will review various solutions to managing and reducing their debt loads. Presented by Mark Kalinowski with the Credit Counselling Society.

DATE: Thursday, April 18th, 2019

TIME: 6:30pm – 8:30pm

COST: \$35

Deadline to register: April 11th, 2019



MAKING CLAY MUGS

Ready for an evening of fun clay work! Come and get dirty with us and make a handmade mug you will want to use! Using slab building techniques and coil we will create your unique mug with Alberta clay! Price includes all materials. Mugs will be sent off to be fired and glazed and will be available for pick up in 2 -3 weeks.

DATE: Thursday, April 25th, 2019

TIME: 6:30pm – 8:30pm

COST: \$65

Deadline to register: April 18th, 2019



MICROSOFT EXCEL – Windows Only

Do you want to know more about Microsoft Excel? In this short 2 night 4 hour refresher we will review the basics and cover a few more advanced features such as formulas, filters, using sort, subtotals, charts and more.

DATES: Wednesdays, April 10th and 17th, 2019

TIME: 6:30pm – 8:30pm

COST: \$40

Deadline to register: April 3rd, 2019



ADULT SEWING

The theme for this session of Adult Sewing is Stars. We will be covering how to create stars a variety of ways – piecing, paper piecing, applique and then place these stars into a sampler Wall-hanging. The techniques learned can be transferred to other blocks besides stars.

DATES: Wednesdays, April 10th to May 8th, 2019

TIME: 9:45am-11:45am OR 1pm-3pm

COST: \$65

Deadline to register: April 3rd, 2019



ART JOURNALLING

This month's technique will be a Never Ending Card. The Never Ending Card looks much the same as any other ...until you start to unfold it, and then it opens layer after layer. This card will fascinate and amuse it's recipient! You will need to bring various coordinating colors of cardstock paper, scissors, glue, stamps and embellishments, as well as a paper scoring tool and bone folder if you have them.

DATE: Monday, April 23rd, 2019

TIME: 6:30pm – 8:30pm

COST: \$5

Deadline to register: April 16th, 2019



SEED STARTING & OTHER PLANT PROPAGATION METHODS

Join Ray and Brenda Pereversoff of Water Valley Forest Nursery and learn how to get your garden started early. We will cover germination of seeds of annuals (including vegetables), perennials, trees & shrubs. As well we will touch on division and cuttings of different varieties.

DATE: April 11th, 2019

TIME: 6:30pm – 8:30pm

COST: \$10

Deadline to register: April 4th, 2019



GARDEN CLUB

The next meeting of the Cremona Garden Club will be held at 2:00pm on Thursday April 4th, at a private residence in Water Valley. We will be touring a hydroponic set up for growing lettuce and herbs indoors. New members are always welcome, regardless of your gardening abilities, and if you would like to attend April's meeting, please contact Dee for the address and directions. (4587-747-0184).



SHIATSU

Learn to use acupressure points with Japanese (Shiatsu) theory to improve and maintain your health and that of your family. This is a preventive approach to keeping healthy.

DATE: May 1st, 6th and 8th, 2019

TIME: 6:30pm – 8:30pm

COST: \$60

Deadline to register: April 24th, 2019



WATERCOLOR JOURNALS WITH SALLY TOWERS-SYBBLIS

Have fun learning how to paint elements of the garden in watercolor. Join published author and artist Sally Towers-Sybbilis as she leads you through a variety of techniques on how to paint with watercolor in a journal format. This class requires no previous experience and is a good starting point if you have never painted before. Supply list will be emailed upon registration. Register early! **Payment required at time of registration.**

DATE: Saturday, June 1st, 2019

TIME: 10:00am – 4:00pm

COST: \$95

Deadline to register: May 18th, 2019



MOUNTAIN VIEW
COMMUNITIES
ADULT LEARNING SOCIETY



BOOMER MOVERS
HELPING SENIORS
TRANSITION

DECLUTTER ORGANIZE DOWNSIZE

CREMONA
Community Engagement Site
206 3rd Street East
April 16, 2019
6:30pm - 7:30 pm

Join Robbin Corsiatto for an informative evening and talk about how to reduce your stress about getting organized and how to handle decades of sentimental 'stuff' you have collected.



COMMUNITY ADULT
LEARNING PROGRAM



CREMONA COMMUNITY
ENGAGEMENT SITE
Growing Together
Learning Forever
Phone: 403-337-4277
Email: coordinator@cremona.ca
A Campus Alberta Central Learning Site

FREE

Learn why it's never
too early to start
organizing and
decluttering

Tips from the experts

Get organized

Reduce the stress of
your next move

Limited Spots
Registration Required

TO REGISTER:

 www.mvcalcs.org

INFORMATION:

MVCALS

403-518-7020

karenb@mvcalcs.org

 'Like' us MVCALS

 Follow us @MVCALS

The Travelling Mabels

Alberta Country Music Association 2011

'Group of the Year'

Folk / Country Trio

"full of spirit, spunk & laughter"

Saturday, April 13th, 2019

7:30 pm, Cremona Hall

Doors open @ 7:00

**Tickets available KC Foods, Mountain
View Credit Union Cremona, or**

Call: 403-637-3912

\$25 adults

\$15 youth (13 to 17)

Free 12 and under



Alberta
Foundation
for the Arts

BUSINESS DIRECTORY

Business Card Ads

Here is the opportunity to have your business or organization seen by the community.
Only \$25 per month or \$250/10 months
Newsletter runs from January to June & September to December
Call 403-337-4277 or
email: coordinator@cremonaces.com



Greg Harris

Councillor - Division 2

Cell **403-586-6267**
Email **gharris@mvcountry.com**

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Dawn Lashmar
REALTOR®



West Real Estate
Independently Owned and Operated

Bay 2, 605 Main Street East
Sundre, AB T0M 1X0

130-5th Avenue West
Cochrane, AB T4C 1A8

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**GRAVEL/SAND
LANDSCAPING**

**SNOW REMOVAL
SKIDSTEER WORK**

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Photography and Print Services

Audry van Aken & Rob Stratton
403-803-9018

mountainviewphotographic@gmail.com
www.mountainviewphotographicservices.com

Positive Approach® in Dementia Care **Workshop with Teepa Snow**

World Leading Dementia Expert
Coming to Olds, AB

DAY 1 Mon - JULY 29, 2019

MORNING WORKSHOP

Dementia 360:
Seeing It from All Directions

AFTERNOON WORKSHOP

Recognizing & Assessing
Medical Emergencies
When Dementia is Part of the Picture

DAY 2 Tue - JULY 30, 2019

MORNING WORKSHOP

Why Do They Do That AND
How Should I Help?

AFTERNOON WORKSHOP

Humour and Caregiving –
Learning How to Laugh!

*"People with dementia are
doing the best, they can,"
Teepa explained.*



Brought to you by Greenwood Neighbourhood Place Society

Complete Info & Registration: www.mygnp.org

Cost: \$130 per day, lunch, refreshments, parking included.

HOURS/Location

Monday 9:00am – 3:00pm

Tuesday 2:00pm - 8pm

Wednesday 10:00am – 5:00pm

Thursday 2:00pm – 8:00pm

Friday 10:00am – 5:00pm



CREMONA

Municipal Library

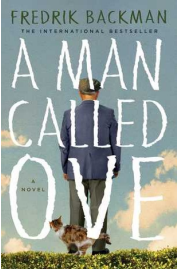
205 – 1st Street East, Cremona
403-637-3100

cremonalibrary@prl.ab.ca

[Parkland Library Search](#)

NEWS – April 2019

BOOK CLUB



A MAN CALLED OVE by Fredrik Backman

A grumpy yet loveable man finds his solitary world turned on its head when a boisterous young family moves in next door. Meet Ove. He's a curmudgeon, the kind of man who points at people he dislikes as if they were burglars caught outside his bedroom window. He has staunch principles, strict routines, and a short fuse. People call him *the bitter neighbor from hell*, but must Ove be bitter just because he doesn't walk around with a smile plastered to his face all the time? Behind the cranky exterior there is a story and a sadness. So when one November morning a chatty young couple with two chatty young daughters move in next door and accidentally flatten Ove's mailbox, it is the lead-in to a comical and heartwarming tale of unkempt cats, unexpected friendship, and the ancient art of backing up a U-Haul. All of which will change one cranky old man and a local residents' association to their very foundations.

Knitting & Crochet

Tuesdays 6pm-8pm

Knitting and Crochet drop-in nights. Bring in any needle work you are working on including cross stitch, knitting and crochet.

Someone will be on hand to teach if you are new to the craft.



Join us every Monday morning at 10am for Story Hour in the Library! Bring your little ones in for this parented group consisting of stories and crafts for ages 0-5.



**PARKLAND
REGIONAL
LIBRARY**

<http://parklandlibrary.ca/>

We have transitioned to a new library catalogue and operating system. Please be patient as we learn to use this exciting new platform!



Hollyworks Productions
*Held in Partnership With
Cremona Municipal Library*

Painting Fun Night

Thursday, April 18, 2019

7:00 p.m. - 9:00 p.m.

**Cremona Library
(205 1 St E, Cremona)**

\$30.00/person