



## CREMONA COMMUNITY ENGAGEMENT SITE

206 3rd Street East  
 Box 141, Cremona, Alberta, T0M 0R0  
**Phone:** 403-337-4277  
**Fax:** 403-637-3830  
**email:** coordinator@cremonaces.com  
**Website:** www.cremonaces.com

**April 2019**

*GROWING TOGETHER, LEARNING FOREVER*  
*"A Campus Alberta Central Learning Site"*

### AFTERNOON AT THE MOVIES – A Star Is Born

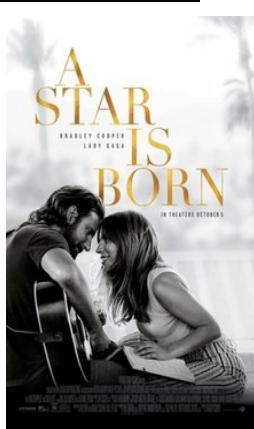
Seasoned musician Jackson Maine discovers -- and falls in love with -- struggling artist Ally. She has just about given up on her dream to make it big as a singer until Jackson coaxes her into the spotlight. But even as Ally's career takes off, the personal side of their relationship is breaking down, as Jackson fights an ongoing battle with his own internal demons. Starring Bradley Cooper and Lady Gaga.

**DATE:** Tuesday, April 16th, 2019

**TIME:** 1-3 pm

**COST:** \$5

**Deadline to register:** April 9th, 2019



### CREDIT AND DEBT

Participants will learn about the facts around credit reports, credit ratings, and credit scores alongside strategies on how to protect and repair their credit. In addition they will review various solutions to managing and reducing their debt loads. Presented by Mark Kalinowski with the Credit Counselling Society.

**DATE:** Thursday, April 18th, 2019

**TIME:** 6:30pm – 8:30pm

**COST:** \$35

**Deadline to register:** April 11th, 2019



### MAKING CLAY MUGS

Ready for an evening of fun clay work! Come and get dirty with us and make a handmade mug you will want to use! Using slab building techniques and coil we will create your unique mug with Alberta clay! Price includes all materials. Mugs will be sent off to be fired and glazed and will be available for pick up in 2 – 3 weeks.

**DATE:** Thursday, April 25th, 2019

**TIME:** 6:30pm – 8:30pm

**COST:** \$65

**Deadline to register:** April 18th, 2019



### MICROSOFT EXCEL – Windows Only

Do you want to know more about Microsoft Excel? In this short 2 night 4 hour refresher we will review the basics and cover a few more advanced features such as formulas, filters, using sort, subtotals, charts and more.

**DATES:** Wednesdays, April 10th and 17th, 2019

**TIME:** 6:30pm – 8:30pm

**COST:** \$40

**Deadline to register:** April 3rd, 2019



### ADULT SEWING

The theme for this session of Adult Sewing is Stars. We will be covering how to create stars a variety of ways – piecing, paper piecing, applique and then place these stars into a sampler Wall-hanging. The techniques learned can be transferred to other blocks besides stars.

**DATES:** Wednesdays, April 10th to May 8th, 2019

**TIME:** 9:45am-11:45am OR 1pm-3pm

**COST:** \$65

**Deadline to register:** April 3rd, 2019



### ART JOURNALLING

This month's technique will be a Never Ending Card. The Never Ending Card looks much the same as any other ...until you start to unfold it, and then it opens layer after layer. This card will fascinate and amuse it's recipient! You will need to bring various coordinating colors of cardstock paper, scissors, glue, stamps and embellishments, as well as a paper scoring tool and bone folder if you have them.

**DATE:** Monday, April 23rd, 2019

**TIME:** 6:30pm – 8:30pm

**COST:** \$5

**Deadline to register:** April 16th, 2019



### SEED STARTING & OTHER PLANT PROPAGATION METHODS

Join Ray and Brenda Pereversoff of Water Valley Forest Nursery and learn how to get your garden started early. We will cover germination of seeds of annuals (including vegetables), perennials, trees & shrubs. As well we will touch on division and cuttings of different varieties.

**DATE:** April 11th, 2019

**TIME:** 6:30pm – 8:30pm

**COST:** \$10

**Deadline to register:** April 4th, 2019



### GARDEN CLUB

The next meeting of the Cremona Garden Club will be held at 2:00pm on Thursday April 4th, at a private residence in Water Valley. We will be touring a hydroponic set up for growing lettuce and herbs indoors. New members are always welcome, regardless of your gardening abilities, and if you would like to attend April's meeting, please contact Dee for the address and directions. (4587-747-0184).



## SHIATSU

Learn to use acupressure points with Japanese (Shiatsu) theory to improve and maintain your health and that of your family. This is a preventive approach to keeping healthy.

**DATE:** May 1st, 6th and 8th, 2019

**TIME:** 6:30pm – 8:30pm

**COST:** \$60

Deadline to register: April 24th, 2019



## WATERCOLOR JOURNALS WITH SALLY TOWERS-SYBBLIS

Have fun learning how to paint elements of the garden in watercolor. Join published author and artist Sally Towers-Sybblis as she leads you through a variety of techniques on how to paint with watercolor in a journal format. This class requires no previous experience and is a good starting point if you have never painted before. Supply list will be emailed upon registration. Register early! **Payment required at time of registration.**

**DATE:** Saturday, June 1st, 2019

**TIME:** 10:00am – 4:00pm

**COST:** \$95

Deadline to register: May 18th, 2019



## DECLUTTER ORGANIZE DOWNSIZE

### CREMONA Community Engagement Site 206 3rd Street East April 16, 2019 6:30pm - 7:30 pm

Join Robbin Corsiatto for an informative evening and talk about how to reduce your stress about getting organized and how to handle decades of sentimental 'stuff' you have collected.



### FREE

Learn why it's never too early to start organizing and decluttering

Tips from the experts

Get organized

Reduce the stress of your next move

Limited Spots  
Registration Required

**TO REGISTER:**  
[www.mvcals.org](http://www.mvcals.org)

**INFORMATION:**  
**MVCALS**  
403-518-7020  
karenb@mvcals.org  
**f** 'Like' us MVCALS  
**c** Follow us @MVCALS

## *The Travelling Mabels*

**Alberta Country Music Association 2011  
'Group of the Year'**

**Folk / Country Trio  
"full of spirit, spunk & laughter"**

**Saturday, April 13th, 2019**

**7:30 pm, Cremona Hall**

**Doors open @ 7:00**

**Tickets available KC Foods, Mountain  
View Credit Union Cremona, or**

**Call: 403-637-3912**

**\$25 adults**

**\$15 youth (13 to 17)**

**Free 12 and under**



## BUSINESS DIRECTORY

### Business Card Ads

Here is the opportunity to have your business or organization seen by the community.  
Only \$25 per month or \$250/10 months  
Newsletter runs from January to June & September to December  
Call 403-337-4277 or email: [coordinator@cremonaces.com](mailto:coordinator@cremonaces.com)



### Greg Harris

Councillor - Division 2

Cell 403-586-6267  
Email [gharris@mvcountry.com](mailto:gharris@mvcountry.com)

1408 - Twp Rd 320, Postal Bag 100  
Didsbury, AB T0M 0W0



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Independently Owned and Operated



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Sundre, AB T0M 1X0  
130-5th Avenue West  
Cochrane, AB T4C 1A8

Dawn Lashmar  
REALTOR®

Direct 403-200-3354  
Office 403-638-0021  
[dawn.remaxwest@gmail.com](mailto:dawn.remaxwest@gmail.com)

### Andrea Sheehan

Branch Manager

P 403.637.3771 C 403.512.8328 F 403.637.3900  
E [ASheehan@MountainViewFinancial.com](mailto:ASheehan@MountainViewFinancial.com)

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102 Railway Avenue, Box 166  
Cremona, AB T0M 0R0

[MountainViewFinancial.com](http://MountainViewFinancial.com)



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O: 403.637.0014  
F: 403.637.0094  
E: [INFO@BIGFERNCONTRACTING.COM](mailto:INFO@BIGFERNCONTRACTING.COM)

# Mountain View

PHOTOGRAPHIC SERVICES

**Photography and Print Services**  
**Audry van Aken & Rob Stratton**  
**403-803-9018**

[mountainviewphotographic@gmail.com](mailto:mountainviewphotographic@gmail.com)  
[www.mountainviewphotographicservices.com](http://www.mountainviewphotographicservices.com)

## Positive Approach® in Dementia Care

## Workshop with Teepa Snow

World Leading Dementia Expert  
Coming to Olds, AB

DAY 1 Mon - JULY 29, 2019  
MORNING WORKSHOP

Dementia 360:  
Seeing It from All Directions  
AFTERNOON WORKSHOP  
Recognizing & Assessing  
Medical Emergencies  
When Dementia is Part of the Picture

DAY 2 Tue - JULY 30, 2019  
MORNING WORKSHOP

Why Do They Do That AND  
How Should I Help?  
AFTERNOON WORKSHOP  
Humour and Caregiving –  
Learning How to Laugh!

*"People with dementia are  
doing the best, they can,"  
Teepa explained.*



Brought to you by Greenwood Neighbourhood Place Society

Complete Info & Registration: [www.mygnp.org](http://www.mygnp.org)

Cost: \$130 per day, lunch, refreshments, parking included.



**Hours/Location**

Monday 9:00am – 3:00pm

Tuesday 2:00pm – 8pm

Wednesday 10:00am – 5:00pm

Thursday 2:00pm – 8:00pm

Friday 10:00am – 5:00pm



# CREMONA

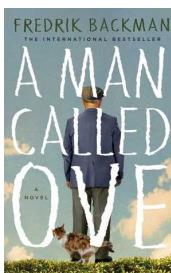
## Municipal Library

205 – 1<sup>st</sup> Street East, Cremona  
403-637-3100

[cremonalibrary@prl.ab.ca](mailto:cremonalibrary@prl.ab.ca)

[Parkland Library Search](#)

## NEWS – April 2019



### A MAN CALLED OVE by Fredrik Backman

A grumpy yet loveable man finds his solitary world turned on its head when a boisterous young family moves in next door. Meet Ove. He's a curmudgeon, the kind of man who points at people he dislikes as if they were burglars caught outside his bedroom window. He has staunch principles, strict routines, and a short fuse. People call him *the bitter neighbor from hell*, but must Ove be bitter just because he doesn't walk around with a smile plastered to his face all the time?

Behind the cranky exterior there is a story and a sadness. So when one November morning a chatty young couple with two chatty young daughters move in next door and accidentally flatten Ove's mailbox, it is the lead-in to a comical and heartwarming tale of unkempt cats, unexpected friendship, and the ancient art of backing up a U-Haul. All of which will change one cranky old man and a local residents' association to their very foundations.



### Knitting & Crochet

Tuesdays 6pm-8pm  
Knitting and Crochet drop-in nights. Bring in any needle work you are working on including cross stitch, knitting and crochet. Someone will be on hand to teach if you are new to the craft.



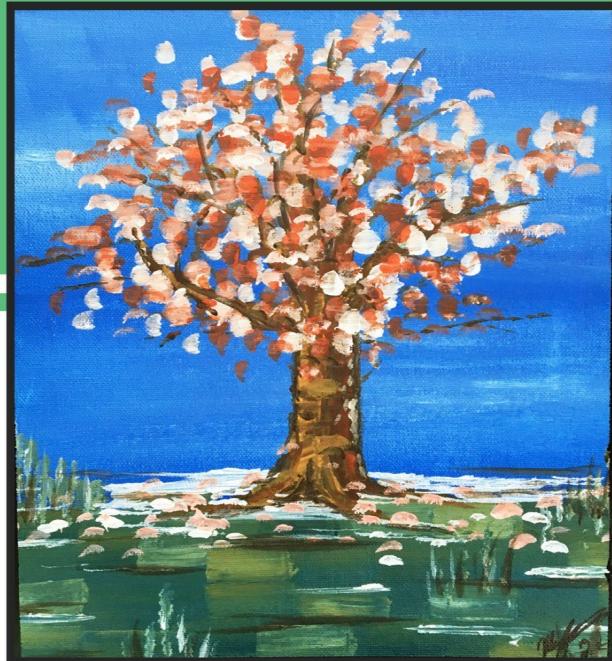
Join us every Monday morning at 10am for Story Hour in the Library! Bring your little ones in for this parented group consisting of stories and crafts for ages 0-5.



PARKLAND  
REGIONAL  
LIBRARY

<http://parklandlibrary.ca/>

**We have transitioned to a new library catalogue and operating system. Please be patient as we learn to use this exciting new platform!**



**Hollyworks Productions**  
*Held in Partnership With*  
**Cremona Municipal Library**

### **Painting Fun Night**

**Thursday, April 18, 2019**

**7:00 p.m. - 9:00 p.m.**

**Cremona Library  
(205 1 St E, Cremona)**

**\$30.00/person**