



CREMONA COMMUNITY ENGAGEMENT SITE

206 3rd Street East
 Box 141, Cremona, Alberta, T0M 0R0
Phone: 403-337-4277
Fax: 403-637-3830
email: coordinator@cremonaces.com
Website: www.cremonaces.com

March 2018

GROWING TOGETHER, LEARNING FOREVER
"A Campus Alberta Central Learning Site"

AFTERNOON AT THE MOVIES –

The Light Between Oceans

Tom is a World War I veteran who maintains a lighthouse off the shore of Australia with his wife Isabel, a woman desperate to have a baby. Her prayers are answered when an infant washes up on shore in a rowboat. Tom thinks they should notify the authorities but ultimately gives in to Isabel's wish to keep the girl. Fate strikes again when the couple meet the child's biological mother on the mainland. Now, Tom and Isabel must make a decision that will forever affect the lives of four people. Enjoy popcorn, snacks, refreshments and a great movie.

DATE: Tuesday, March 20, 2018

TIME: 1-3 pm **COST:** \$5

Deadline to register: March 13 2018



THE VITALITY SESSIONS: The Heart

Interested in keeping heart disease and strokes at bay? Cholesterol levels a bit too high at last check? High blood pressure worries keeping you up at night? This class is for you.

The VITALITY Sessions: **HEART** is a workshop aimed at giving you the tools to help support your ever lovin' heart and all of its circulatory components. Join Luka Symons, local Holistic Nutrition Practitioner to garner important foods, spices, teas and elixirs as well as lifestyle tips in order to best support your heart and the entire cardiovascular system. Luka will demo a few recipes you can easily follow in your own kitchen. You will receive a handout with 5 recipes aimed at supporting this integral organ, helping support a healthy and happy heart. Let's go over how best to nourish your cardiovascular system, and make it a delicious adventure! **RECIPES TO BE DEMOED & SAMPLED:** kale chips, beet kvass (ferment)

DATE: Thursday, March 29th, 2018 **TIME:** 6:30pm – 8:30pm

COST: \$40/person

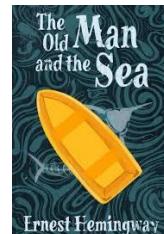
Deadline to register: March 22, 2018



BOOK CLUB – April 9th, 2018 1pm

The Old Man and the Sea by Ernest Hemingway

The Old Man and the Sea is one of Hemingway's most enduring works. Told in language of great simplicity and power, it is the story of an old Cuban fisherman, down on his luck, and his supreme ordeal – a relentless, agonizing battle with a giant marlin far out in the Gulf Stream. Here Hemingway recasts, in strikingly contemporary style, the classic theme of courage in the face of defeat, of personal triumph won from loss. Written in 1952, this hugely successful novella confirmed his power and presence in the literary world and played a large part in his winning the 1954 Nobel Prize for Literature.



AN INTRODUCTION TO NEEDLE FELTING

Join Lori Eslinger as we explore the versatile art of needle felting and create a number of 3D sculptures. Everything you need to get you started will be provided (various colours of wool, needles, foam pad) – no experience necessary, just come and have some fun.

DATE: Thursday, April 5th, 2018

TIME: 7pm – 9:30pm

COST: TBA

Deadline to register: March 29th, 2018

SOCIAL MEDIA FOR SMALL BUSINESS

Too busy running your business to take the time to learn how best to market yourself on social media? Ready to get started managing your own social media for your business? Or maybe you've already started but you could use some tips to save yourself time or to increase your reach! This course is a quick and dirty "what to do" and "what not to do" when it comes to social media for your business. We will cover: Facebook, Instagram, Twitter, creating effective posts, hashtags, and much more!

Please bring the device you most often use for social media posting (laptop and/or smartphone), as we will be practicing as we go! Sponsored by: CREMONA/ WATERVALLEY CHAMBER OF COMMERCE

DATE: Saturday, March 17th, 2018

TIME: 2pm – 4:30pm
COST: Free for Cremona/ Watervalley Chamber Members, \$20 for non-members

Deadline to register: March 9th, 2018



THE WONDER OF WATERCOLOUR CLASS with Gwen Day

Enjoy exploring this timeless and adventurous medium. Learn the basic techniques while enjoying demos and completing a beginner level painting. Demos of specific topics will also augment the classes. Bring your own photo references and if time allows a still life set up will be provided. A supply kit will be available for those who require one for an additional cost.

DATES: Tuesdays, April 3, 10, 17, 2018

TIME: 6:30-9:30pm

COST: \$135

Deadline to register: March 27th, 2018



Farming Smarter - Becoming Strong Agri-Food Leaders

Join us for a Day of networking and insights into today's Agri-Business Sector

WEDNESDAY, APRIL 4, 2018 9:30 AM - 3:30 PM

Cremona Community Hall - Coffee And Lunch Provided

Topics Include: Commodity Marketing, Soil Health and Testing, Olds College Technology Access Centre, Rural Property Protection, & the Canadian Agriculture Partnership

Deadline to Register - March 26, 2018

\$40/person



The Cremona School Band Society
welcomes you to our fundraiser:

2018 Quilt & Craft Weekend

March 9-11, 2018



Are you a quilter, scrap booker or crafter?

We'd like to invite you to our crafting weekend.

WHERE: Cremona School Gymnasium in Cremona, AB

WHEN: 3 pm Friday March 9th to 3 pm Sunday, March 11th, 2018

WHAT: We provide 5 meals, snacks, work table and chair, extension cord, door prizes, silent auction and lots of time for crafting.

COST: \$150 for a 6' table or \$180 for an 8' table (limited quantity)
cash, e-transfer or cheque (made out to Cremona School)
(plus you will get a \$75 receipt of donation)

Space is limited, so make sure you book early to avoid disappointment.

To register please contact:

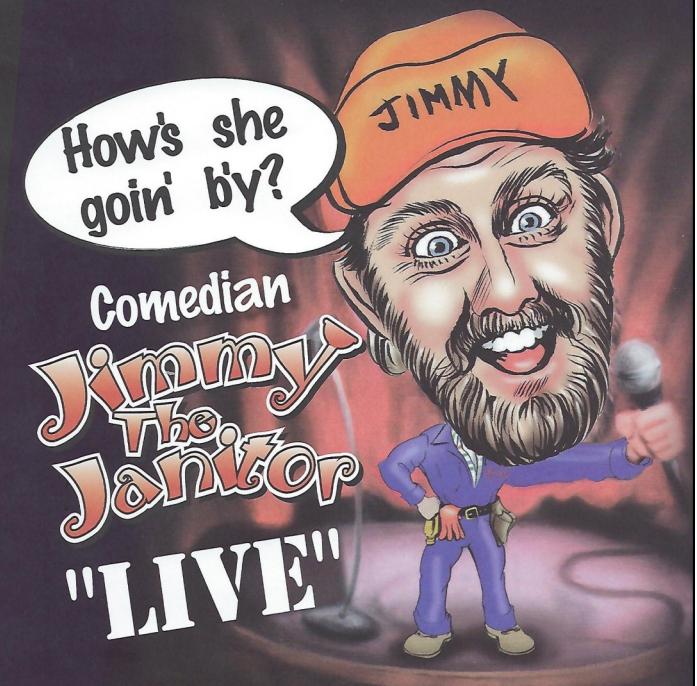
Karen Finley at kfinley@cesd73.ca

Joanna Harvey at jharvey@cesd73

Or call 403-637-3856 or text 403-392-8500



The Maritime's Best... Good Clean Fun!



St Patrick's Day-Saturday March 17, 2018

Cremona Community Hall - Clean Comedy for ages 9+

Doors & Dinner 5pm - Show 7:30 pm

Tickets \$35 adult, \$25 youth (9-18); 8 and under free

Available at Mountain View Credit Union, KC Foods, from 4-H Members or Brenda at 403 637-3912 - Proceeds to Cremona 4-H Club and Community Hall

Business Card Ads

Here is the opportunity to have your business or organization seen by the community.
Only \$25 per month or \$250/10 months
Newsletter runs from January to June & September to December
Call 403-337-4277 or email: coordinator@cremonaces.com

BUSINESS DIRECTORY



Andrea Sheehan
BRANCH MANAGER

T 403.637.3771 C 403.512.8328 F 403.637.3900
Cremona Branch
PO Box 166, 102 Railway Ave., Cremona, AB T0M 0R0
Andrea.Sheehan@mvcu.ca



403-637-2222

Call us for all your catering needs

MORTGAGE ARCHITECTS

Patricia McKean
Lead Planner

403-637-0140 Office
403-875-2969 Cell
866-465-2870 Toll Free Fax
patricia.mckean@mgtarc.ca
www.unbeatabledmortgages.ca



Independently Owned and Operated. ®™ Trademarks owned by Century 21 Real Estate LLC used under license or authorized sub-license. © 2012 Century 21 Condo Limited Partnership. ®™ Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. and Century 21 Condo Limited Partnership.



Bravo Realty
213, 178 – 96 Ave NE
Calgary, AB T3K 6G4

www.YourMoveToAlberta.com

**Cochrane
Calgary
Airdrie
ALBERTA**



Chloe Cartwright
BSW, FRAP, ABR
Accredited Buyer's Agent
001.403.650.0888
ChloeC@telus.net
[LinkedIn](http://www.linkedin.com/in/chloecartwright)



West Real Estate
Independently Owned and Operated



Bay 2, 605 Main Street East
Sundre, AB T0M 1X0

130-5th Avenue West
Cochrane, AB T4C 1A8

Direct 403-200-3354
Office 403-638-0021
dawn.remaxwest@gmail.com

Dawn Lashmar
REALTOR®



**Mountain View
COUNTY**

Greg Harris
Councillor - Division 2

Cell **403-586-6267**
Email gharris@mvcounty.com

1408 - Twp Rd 320, Postal Bag 100
Didsbury, AB T0M 0W0

Market Junction & Railway Cafe

Jim & Candace Davies

403-604-7031 or 403-604-2223

marketjunction@shaw.ca

Website:

www.marketjunction.ca

Facebook:

[@marketjunctionandrailwaycafe](https://www.facebook.com/@marketjunctionandrailwaycafe)

Market Junction
Antique & Artisan
Market



**GRAVEL/SAND
LANDSCAPING**

CHAD FERNER
BOX 144
CREMONA, AB
T0M 0R0

**SNOW REMOVAL
SKIDSTEER WORK**

C: 403.809.4830
O: 403.637.0014
F: 403.637.0094
E: INFO@BIGFERNCONTRACTING.COM

HOURS/Location

Monday 9:30 – 12:00 noon

Tuesday 4:00—8 pm

Wednesday 11:00 – 4:30 pm

Thursday 6:00 – 8:30 pm

Friday 1:30 – 4:30 pm



205 – 1st Street East, Cremona
403-637-3100

cremonalibrary@prl.ab.ca

[Parkland Library Search](#)

NEWS – March 2018

The Cremona Library is hiring a Library Manager. The person hired must be able to deal with the day to day running of the library, have excellent people skills, attend board meetings and other tasks. The full job description is on the library website. The starting wage is \$15.00 an hour. Please send resume with cover letter to cremonalibrary@prl.ab.ca or mail to General Delivery, Cremona, AB, T0M 0R0 or drop off at the library. Please send it attention: Melissa Savage. Only successful candidates will be contacted. We thank everyone for applying.

The closing date is Friday, March 16 @4:30 p.m.



Did you know that you can also borrow movie DVDs from the Library? We have a great selection of both children and adult movies. Movies can be borrowed for 1 week.

NEW MOVIES AT THE LIBRARY



THE MOUNTAIN BETWEEN US

Stranded on a mountain after a tragic plane crash, two strangers must work together to endure the extreme elements of the remote, snow-covered terrain. Realizing that help is not on the way, they embark on a perilous journey across hundreds of miles of wilderness, pushing each other to survive and discovering their inner strength.



CARS 3

Blindsided by a new generation of blazing-fast cars, the legendary Lightning McQueen finds himself pushed out of the sport that he loves. Hoping to get back in the game, he turns to Cruz Ramirez, an eager young technician who has her own plans for winning. With inspiration from the Fabulous Hudson Hornet and a few unexpected turns, No. 95 prepares to compete on Piston Cup Racing's biggest stage.



GAME OF THRONES SEASON 7

George R.R. Martin's best-selling book series "A Song of Ice and Fire" is brought to the screen as HBO sinks its considerable storytelling teeth into the medieval fantasy epic. It's the depiction of two powerful families -- kings and queens, knights and renegades, liars and honest men -- playing a deadly game for control of the Seven Kingdoms of Westeros, and to sit atop the Iron Throne. The Library also has Season 1-6.



DESPICABLE ME 3

The mischievous Minions hope that Gru will return to a life of crime after the new boss of the Anti-Villain League fires him. Instead, Gru decides to remain retired and travel to Freedonia to meet his long-lost twin brother for the first time. The reunited siblings soon find themselves in an uneasy alliance to take down the elusive Balthazar Bratt, a former 1980s child star who seeks revenge against the world.