



CREMONA COMMUNITY ENGAGEMENT SITE

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November News

GROWING TOGETHER, LEARNING FOREVER
 "A Campus Alberta Central Learning Site"

BOOK CLUB

November 14th – "Close to Hugh" (Note time change)

This novel takes an exuberantly existential look at youth and age, art and life, love and death over one week in the world of gallery owner Hugh Argyle.

TIME: 1 PM **COST:** Free **LOCATION:** Cremona CES

MOUNTAIN BLUEBIRD

Come out for an enjoyable evening to hear Dick Stauffer speak about the Mountain Bluebird. Dick has done "citizen science research" on, egg laying, egg incubation, banding, blowfly infestation and nest box preference.



DATE: Tuesday, Nov. 1 **TIME:** 7:00 PM

COST: \$15 **LOCATION:** Cremona CES

DEADLINE TO REGISTER: Tuesday, October 25th

FERMENTING FOOD – Gingered Carrots

There are 4 main health benefits to eating traditionally fermented foods. Traditional fermented foods help balance the production of



stomach acid, act as a potent digestive aid, are beneficial for people with diabetes, and produce numerous unknown compounds that destroy and inhibit the growth of pathogenic bacteria. Join Angela to learn how to

ginger carrots harvested from your garden.

DATE: Monday, November 7 **TIME:** 6:30 – 9 pm

COST: \$55.00 *All supplies provided, please bring a cutting board, sharp knife, grater, a large bowl and a tea towel.*

LOCATION: Cremona CES **Deadline to register:** Nov 1st

BUSINESS CARD ADVERTISING AVAILABLE !!

As the Carstairs Courier newspaper is now integrated into the Mountain View Gazette, we are excited to offer the ability to place business card ads in our monthly newsletter. The newsletter goes out to +1200 people in the communities of Carstairs, Cremona, Crossfield and Water Valley. We are offering this service for a cost of \$25.00 a month, for a 10 month period from September to June each year. That is an annual cost of \$250.00. As a not-for profit society we are engaged in enhancing lifelong learning in our community, we look for ways to insure we consistently offer interactive educational opportunities to community members, and we would welcome local business as a partner in this mission by sharing your business information through our newsletter. Please call 403-337-4277 or email: coordinator@cremonaces.com to get started.

AFTER SCHOOL SEWING

Project 1: Students will be constructing an insulated soup bowl cozy. Kit included in price of class. Students will leave with 2 bowl cozies.



DATE: Wednesday, Nov. 9th **TIME:** 3 to 6pm (Note time)

COST: \$40/student Come to class with basic sewing supplies.

Deadline to register is November 2

Project 2: Students will be constructing a small square tote suitable to hold nail polish, school, sewing or craft supplies.

DATE: Wednesdays, Nov 23 – Dec 7th

TIME: 3 to 5 pm

COST: \$55/student Supply list available when you register.

Deadline to register is November 16

MANAGING STORED GRAIN

Join us to answer some of your key questions for Managing Stored Grain:



Why do we store grain? What are the ways to store grain? What happens to grain when it is stored? What are some things to lookout for when storing grain? What makes grain storage in Alberta better or worse than other places in the world? How can we make the storage work for us, saving or making money? What are some grain storage best practices? What equipment or systems are available that can make grain storage easier and let you sleep at night?

NEW DATE: Tuesday, November 15th

TIME: 7:00 to 9:00 p.m. **COST:** \$20/PERSON

DEADLINE TO REGISTER: Tuesday, November 8, 2016

TEA & TRAVEL – Egypt

Susan will bring a whole new perspective to Egypt as Rod and she lived in that country for several years.



DATE: Tuesday, November 15th

TIME: 1PM **COST:** \$5 (includes tea and goodies)

Please RSVP by November 8th

WOLF WILLOW WOMEN'S GROUP

ANNUAL QUILT RAFFLE

Large Queen Quilt valued at \$1500.

Proceeds to *Santa's Anonymous Mountain View Emergency Shelter Early Literacy Book Bag Program*

Tickets: \$2 each

Call Peggy-403-637-2253 or

Jan-403-637-3937

Draw @ Winterfest, December 3rd.



