



CREMONA COMMUNITY ENGAGEMENT SITE

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GROWING TOGETHER LEARNING FOREVER
"A Campus Alberta Central Learning Site"

BOOK CLUB – MONDAY, May 11th

The First Stampede of Flores LaDue: The True Love Story of Florence and Guy Weadick and the Beginning of the Calgary Stampede by Wendy Bryden

This is an authors visit. Held at the Engagement site it will be potluck lunch. Come and enjoy Wendy Bryden share her experiences and thoughts while writing this book.

Time: 1 – 3:30 pm Cost: FREE

Please call 403 337-4277 or email cremonaces@gmail.com to register.

also result in financial disaster if use of it is not well planned and carefully thought through. This course will help you make well informed decisions and will assist you in how to spot and avoid potential problems. Come learn the smart use of credit and why you need a credit rating!

Cost: \$30/person \$50/couple Time: 7 – 9 pm

Location: Cremona CES



Minimum to run program is 6 participants.

Deadline to register: May 20th

Call 403 337-4277 or email cremonaces@gmail.com

TEA AND TRAVEL

The Alaskan Grizzlies

Join local wildlife photographers, Keltie & Stan Masters, as they share with your their week long adventure photographing the amazing Grizzlies in Lake Clark National Park, Alaska. To be in their presence, and watch them in their natural surroundings was a very humbling experience, and yet sometimes very exhilarating too! Hear their stories of how the mothers would lay down in front of them and nurse their cubs, or saunter before them as they dug for clams. It was truly a unique experience they will long remember. They look forward to sharing their photos with you.

DATE: Tuesday, May 19th

TIME: 1 pm – 2:30 pm

COST: \$5 tea and treats

Deadline to register is Friday, May 15th

MORTGAGES

Most major purchases require planning in order to obtain the best value for your dollar. The purchase of a new home may be the largest investment you make in your lifetime. It is important to obtain all the facts before deciding to purchase a new home.

Learn how to make well-informed decisions and get advice on applying for a mortgage.

Cost: \$30/person \$50/couple Time: 7 – 9 pm

Location: Cremona CES

Call to 403 337-4277 or

email: cremonaces@gmail.com to register

Minimum to run program is 6 participants. Deadline to register is Wednesday, May 6th



Healthy Spring Salads and Sprouts for Cleansing

Have you ever wondered what makes a salad really healthy for you? This event will teach you just that! Holistic nutritionist - Rick Kohut and raw food salad guru Angela Valleau will show you how to create superfood salads that have a genuine purpose. They will demonstrate how to make exquisite salads and dressings that will improve your health, cleanse your body and provide healthy omega 3 oils. They will also show you which types of greens have the most benefit, how to digest them well and how to supercharge your salads with sprouts and seeds and other cool stuff!

LEARN ABOUT SPROUTS!

At this event you will learn:

- Why spring and summer are the best times for cleansing with food
- The top 5 salad ingredients for cleansing and detoxifying your body
- How to make your own salad dressings using purposeful ingredients
- How to grow sprouts and how to use them
- How to enhance any salad with sprouts & other nutrient dense superfoods
- The fundamentals of cleansing with food
- Where to get great local produce

Attendees will receive all of our recipes for salads and dressings, Rick's top cleansing ingredient list, sprouting guidelines and instructions, special pricing on sprouting seeds & kits, yummy samples!

DATE: Wednesday, May 20th

TIME: 6:30 – 9:00pm

LOCATION: Cremona CES COST: \$50/person or \$90/couple

Minimum number to run class is 8.

Call 403 337-4277 or email: cremonaces@gmail.com to register

Deadline to register is May 15th

AN INTRODUCTION TO CREDIT

Before making a purchase on credit, there are certain facts you should know-both in regard to your own financial position and about the types of credit available to you. Learn what choices you have when shopping for personal credit and determine what amount of credit you can realistically afford. Credit can be a useful tool in your financial planning. But unfortunately it can

Register today and learn in your own community.
Post-Secondary programs and courses available are

All courses are available for registration through Campus Alberta Central. These courses are online with onsite support at the Cremona CES.

- Early Learning and Child Care – Red Deer College – <http://www.campusalbertacentral.com/uploads/Program%20Sheet%20ELCC%202015-16.pdf>
- Management Certificate – Red Deer College – <http://www.campusalbertacentral.com/uploads/Program%20Sheet%20Mgmt%20Cert%202015-16.pdf>
- Educational Assistant Certificate – Red Deer College <http://www.campusalbertacentral.com/uploads/Program%20Sheet%20EA%202015-16.pdf>

- Administrative Professional Certificate – RDC – <http://www.campusalbertacentral.com/uploads/Administrative%20Professional%20certificateCert%202015-16.pdf>
- Communication Courses – RDC – <http://www.campusalbertacentral.com/uploads/Program%20Sheet%20Com%202015-16.pdf>
- Medical Terminology Course – RDC – <http://www.campusalbertacentral.com/uploads/medical%20terminology%20online.pdf>

For more information contact Jan Shand, Cremona CES or the Campus Alberta Central Website: <http://www.campusalbertacentral.com/>

COMMUNITY ENGAGEMENT NIGHT

MOUNTAIN VIEW COMMUNITIES ADULT LEARNING SOCIETY



You're invited!

Please join us for a community conversation about adult learning needs in your community!

We are starting to plan for our 2015-2016 year of programming, and would love your feedback on what offerings you would like to see in your community!

Date: April 30th, 2015

Time: 7pm-8:30pm

Location: Cremona United Church

Please RSVP by April 27th to:

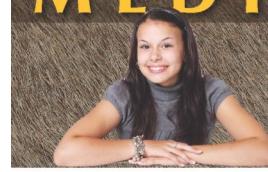
(403)518-7020

OR

admin@mvcals.org

*Would you like to be a part of the conversation, but you can't make the date? No problem! We have conversations happening in **ALL** communities in Mountain View County- contact us to register for a conversation near you!

INTRODUCTION TO VETERINARY MEDICINE FOR TEENS



Considering a career in the Veterinary industry?

Want to know what options are available to you?

Understand the Roles & Responsibilities of:

- Veterinary Medical Receptionists
- Veterinary Technical Assistants
- Registered Veterinary Technicians
- Veterinarians
- Non-Veterinary Animal Care Facilities

FOR AGES 13-16



JULY 14 - 17, 2015

TUITION: \$595
Includes learning materials, bus transportation & lunch during field trip to tour of state-of-the-art animal care facilities.



Learn Basics of Animal Care & First Aid:

- Animal Behavior, Safety, Handling & Restraint
- General Animal Health Assessment & Physical Exams
- Basic First Aid
- Bandaging Techniques



REGISTER:

CALL 403-556-8281 or 1-800-661-6537

VISIT www.oldscollege.ca/ce

FOR MORE INFORMATION:

CALL 403-556-7954 or **EMAIL** sdanby@oldscollege.ca



Seniors Week Celebration: Calling All Seniors

June Fox will join us to share her photos and stories of the "Wildies" (Wild Horses) of Alberta.

Date: Monday, June 15

Time: 11 – 12:30

Cost: Free to Seniors 60+, non Seniors \$10/person Lunch provided by Cremona FCSS

Call 403 -337-4277 or email cremonaces@gmail.com to register

